



Example Packing List

You can pack whatever you like for your tour, but we believe that the following is a good start:

We strongly believe that different combinations of a few versatile layers can keep you comfortable in a wide range of conditions.

Equipment:

- Your favourite road bike
- Helmet
- Cycling glasses
- Cycling computer (e.g. Garmin edge)
- Cycling shoes with road or mountain bike cleats to fit your pedals
- Mini pump or gas, and tyre levers (we'll have these anyway, but many prefer to carry their own as well)

On the bike clothing:

- Bib-shorts - 2 pairs. Bib shorts are more comfortable for long days riding than shorts with a waist band
- Short sleeved cycling jersey - 1 or 2 pairs
- Short sleeve base layer to add additional warmth under a jersey
- Arm warmers for a versatile way to switch coverage without needing a range of jerseys
- Knee warmers (cooler seasons only) or leg warmers (cold weather)
- Cycling rain jacket - ideally close fitting. Baggy jackets will catch the wind and make riding harder
- Short fingered gloves
- Long fingered gloves (cooler seasons only)

Spares:

- Spare inner tubes to fit your wheels (long valves for deep sectioned wheels etc) - a rule of thumb is one spare per day. We will carry plenty of spares for you to purchase if you need to.
- Optional: Spare wheels. If you have some spare wheels you'd like to bring, we will find space in our support vehicle.
- Optional: Any additional bike specific spares you have, for example, a replacement derailleur hanger.

Off the bike:

- Comfortable evening clothes.
- Non-cycling shoes.
- Anything you want with you to relax in the evening, for example a book or reading device.